

New York Community Resource Guide

Public Benefit Programs

Office of Temporary and Disability Assistance (OTDA)

Benefit Programs:

- Emergency Assistance to Adults (EAA)
- Emergency Assistance to Needy Families (EAF)
- Emergency Safety Net Assistance (ESNA)
- Supplement Nutrition Assistance Program (SNAP) SNAP Website: [NY SNAP](#)

Toll Free: 1-800-342-3009

Website: [Temporary Assistance \(TA\)](#)

Housing and Urban Development / Housing and Community Development (HUD/DHCD)

HUD Housing

- Public Housing Authority properties
- Mobile Section 8 Voucher
- Supportive Housing Program
- HOME Investment Partnerships Program, etc.

Website: [NY HUD](#)

Medicaid

Insurance Programs

- Medicaid
- Medicaid Buy-in

Toll Free: 1-800-541-2831

Website: [NY State Medicaid](#)

Medicare

Insurance Programs

- Part A (Hospital Insurance)
- Part B (Medical Insurance)
- Part C (Medicare Advantage Plans)
- Part D (Outpatient Prescription Drug Plan)

Toll Free: 1-800-633-4227

Website: [Medicare.gov](#)

Social Security

Benefit Programs

- Supplemental Security Income (SSI)
- Social Security Disability Insurance (SSDI)
- Childhood Disability Benefits (CDB)

Toll Free: 1-800-772-1213 (V) or 1-800-325-0778 (TTY)

Website: [Social Security Administration](#)

Website: [The Red Book - A Guide to Work Incentives](#)

Benefits Counseling

Work Without Limits Benefits Counseling

People Served: SSI, SSDI, SNAP, Transitional Assistance, Medicaid, Medicare and HUD recipients

Services: Offers free and confidential benefits counseling and analysis on how earned and unearned income can impact all types of public cash and healthcare benefits.

Toll Free: 1-877-937-9675 (1-877-YES-WORK)

Website: [Work Without Limits Benefits Counseling](#)

Work Without Limits NY Counties Served: Albany, Columbia, Greene, Rensselaer, Schenectady, Schoharie, Washington

State Health Insurance Program (SHIP)

People Served: Medicare and/or Medicaid members in NY

Services: SHIP provides free public health insurance information, counseling and assistance as well as advice on receiving both public and employer-sponsored health insurance.

Toll Free: 1-800-701-0501

Website: [NY SHIP](#)

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Employment Support Programs

Employment Services Program

People Served: Transitional Assistance beneficiaries

Services: Provides basic skills, education, trainings, occupational skills and support services, such as childcare and transportation.

Toll Free: 1-800-342-3009

Family Self-Sufficiency (FSS) Program

People Served: HUD Mobile Section 8 Housing Choice Voucher participants

Services: Provides childcare, transportation, education, job training, employment counseling, financial literacy, and homeownership counseling, among other services.

Website: [NY State FSS](#)

NY State American Job Center

People Served: NY state residents

Services: Help people search for jobs, find training, and answer other employment-related questions.

Website: [NY State American Job Center](#)

Ticket To Work

People Served: SSI and SSDI beneficiaries

Services: Provides access to vocational rehabilitation, career counseling, job training, job placement, benefits counseling & more.

Toll Free: 1-866-968-7842 (V) or 1-866-833-2967 (TTY)

Website: [Ticket To Work](#)

Website: [Work Without Limits Employment Network](#)

Benefits & Legal Advocacy

Community Health Advocates (CHA)

People Served: NY state residents

Services: Helps individuals enroll in public health insurance programs, get assistance paying for health insurance, and answers questions about private insurance.

Toll Free: 1-888-614-5400

Website: [NY Community Health Advocates](#)

Hunger Solutions NY

People Served: NY state residents

Services: Provides one-on-one assistance applying for SNAP, with focus on children, seniors, veterans, and people with disabilities. All services are free and confidential.

Toll Free: 1-800-865-5542

Website: [Find Food Help](#)

NY Law Help

People Served: NY state residents

Services: Offers resources and information about legal issues facing lower income NY state residents.

Website: [NY Law Help](#)

Disability Rights New York (DRNY)

The Protection and Advocacy for Beneficiaries of Social Security (**PABSS**) program helps people remove barriers to being successfully employed.

People Served: NY state residents who are SSI and/or SSDI beneficiaries

Services: Provides free legal and advocacy services to individuals with disabilities.

Toll Free: 1-800-993-8982

Website: [PABSS](#)

For more information about **Work Without Limits**
visit WorkWithoutLimits.org