

Ticket to Work

General Fact Sheet 2026

What is Social Security's Ticket to Work (Ticket) program?

It is a voluntary program available to Supplemental Security Income (SSI) and/or Social Security Disability Insurance (SSDI) beneficiaries, ages 18 through 64. This program promotes financial independence and self-sufficiency by offering individuals with disabilities more choices when seeking services and supports to gain and maintain employment.

How can the Ticket program help me?

To participate in this program, you must first assign your Ticket to an approved agency to obtain free employment support services. Services include, but are not limited to, education, vocational training, benefits counseling, career counseling, job readiness, job placement, and ongoing support services.

You will also be protected from a Continuing Disability Review (CDR), while making timely progress with your work or educational goals.

Where can I assign my Ticket?

You can assign your Ticket to any Social Security approved Employment Network (EN) or state Vocational Rehabilitation (VR) agency. In Massachusetts, the two state VR agencies are the MA Rehabilitation Commission and the MA Commission for the Blind. [Locate an EN](#).

How does the Ticket work?

While participating in the program, you must meet specific work goals and deadlines:

- The first 24 months your Ticket is assigned, there is no work requirement. You are expected to comply with your Individual Work Plan (IWP) or Individualized Plan for Employment (IPE).

- During months 25-36, you must have gross monthly earnings at or above Substantial Gainful Activity (SGA) for three of the 12 months.
- During months 37-48, you must have gross monthly earnings over the SGA threshold for six of the 12 months.

Note: During the first 48 months, you can use available work incentives.

- During months 49 to 60, you must have gross monthly earnings that render you independent of SSI and/or SSDI benefits.

Will my participation in the Ticket program impact my cash benefits or health insurance?

No. Assigning your Ticket or closing your Ticket will not cause your cash benefits to be reduced or suspended, nor will it affect your health insurance. However, **earned wages** could impact Social Security cash benefits and other public benefits you may be receiving. For more information visit the [Ticket to Work website](#).

A Work Without Limits Community Work Incentives Coordinator (CWIC) can help you understand the Ticket to Work program.

For more information about either **Work Without Limits Benefits Counseling** or **Work Without Limits Employment Network** contact **1-877-YES-WORK** (1-877-937-9675) or visit WorkWithoutLimits.org